



80 Northumberland Road,
Dublin 4, D04 T856
T: (01) 678 1600
W: www.ms-society.ie

RCN: 20007867
Charity Number: 296573



As the Christmas season dawns yet again, it's that time of year when we reach out to our extended family of supporters. In the spirit of generosity that surrounds us at this time, we turn to you with a sincere appeal from the Multiple Sclerosis Society of Ireland.

This Christmas season, we invite you to help us continue running our essential services for those living with Multiple Sclerosis (MS). Your support, no matter how modest, is **the fuel that maintains our support services.**

Transforming Lives: Your Donations Work Miracles

Your donations are the lifeblood of MS Ireland. They lie at the heart of our ability to provide vital services for individuals and families navigating the daily challenges of MS. With your support, we uphold our mission of ensuring that no one walks this journey alone.

It's easy to underestimate the influence of a small act of giving, but every donation and gesture of support stands as a testament to the power of community.



From Uncertainty to Hope: How We Change Lives with Your Support

At MS Ireland, our mission is not just a statement; it's a life commitment reflected in the comprehensive range of services we maintain. Our services are a testament to your generosity. Without your help, it simply wouldn't be possible to achieve it on the scale required. Here's what your donations help maintain.



National MS Respite Centre: Where Care and Comfort Converge

Our national Care Centre is the only dedicated respite centre for people with Multiple Sclerosis in Ireland. It's a sanctuary where individuals with MS receive expert care tailored to their unique needs as well as a place to find the solace required to rejuvenate the spirit. The centre is currently only open for 40 weeks per year as a result of decreased funding over the last number of years. But with increasing demand, we desperately want to return to operating 50 weeks per year.

MS Information Line: A Lifeline of Support

In those moments when we're vulnerable and fearful in the midst of a diagnosis, the MS Information Line provides the very human lifeline we all crave. Our Information Line provides immediate guidance, answers, and reassurance during those critical times – before, during, and after a diagnosis.



Regional Community Work: The Backbone of Our Outreach

Our community workers are out on the front line, making a meaningful difference to the lives of those living with MS. They provide information and support, particularly to those newly diagnosed with MS. These dedicated professionals play a crucial role in fostering a sense of community and providing a safety net of care and understanding. Our one-to-one support services are tailored to specific needs, fostering a sense of belonging and understanding, making sure no question goes unanswered and no concern goes unnoticed.

Physiotherapy and Exercise: Get Active

MS Ireland offers a variety of in-person and online sessions, including physiotherapy, yoga, and exercise classes, across the country. These programs play a crucial role in promoting an active and mobile lifestyle, while also nurturing a positive state of mind for those living with MS.



To make a donation, please complete the form below and return it using the prepaid envelope provided. Alternatively, you can go to ms-society.ie/donate and follow the simple instructions. We thank you for your kind support.

Wishing You a Bright and Joyful Christmas!

We wish to extend our heartfelt gratitude for your unwavering support. Thanks to your generosity, MS Ireland can continue its vital mission of making a difference to the lives of the 10,000 people living with MS nationally.

Thank you for being part of this journey with us. We simply couldn't do it without you. From all at the Multiple Sclerosis Society of Ireland, we wish you a very Merry Christmas.



CEO, MS Ireland

Be the Change: Please Donate to MS Ireland Today

Christmas embodies the essence of giving, a giving that generates ripples of kindness that warm us even on the coldest of days. **In the true spirit of giving**, we invite you to take a concrete step in supporting those living with MS. By contributing to MS Ireland, you're not just providing financial assistance; you're offering the gift of a brighter tomorrow to individuals living with MS.

P.S. Please consider donating to help us maintain our essential services. It truly is only through people like you that we can continue to do what we do.

Yes! I want to help people like Orla. Here is my gift of:

€50 €75 €280 My own choice of: € _____

I enclose a cheque/bank draft/postal order made payable to MS Ireland OR Please debit my: Visa Mastercard Visa Debit

Card Number:

Expiry Date: / Security Code:

Signature: _____ Date: _____

Phone and email can be a quick and cost effective way for us to keep you updated on our work and opportunities to help.

I'm happy to receive phone calls. My number is: _____ I'm happy to receive emails. My email address is: _____

I would like to receive information about leaving a gift to MS Ireland in my will If you would prefer not to receive postal communication from us, please tick this box

For further detailed information on how we store and use your information please visit ms-society.ie/privacy to see our full privacy statement. If at any time you'd like to change how we communicate with you, or you don't want to hear from us again, that's okay! Just let us know by contacting us .

Address: 80 Northumberland Road, Dublin 4, D04 T856
Email: fundraising@ms-society.ie
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